

CLOVE ORANGE Pomander



- 1. Choose unblemished oranges for this project. Other citrus fruits or apples also work well.
- 2. Use a toothpick, skewer, or similarly shaped object to poke a hole through the fruit's skin before inserting a whole clove. Apply cloves in desired pattern until the fruit's surface is covered.
- 3. Mix the following spices/oils together in a bowl or bag:
 - 1 Tablespoon Cinnamon
 - 1 Tablespoon Nutmeg
 - 1 Tablespoon Allspice
 - 1 Tablespoon Ground Cloves
 - 4 Drops Sandalwood Oil (acts as a preservative)
- 4. Roll clove studded fruit in spice mixture, making sure all surfaces are covered in the mixture.
- 5. Attach ribbons to decorate or hang the pomander if desired.
- 6. Allow pomander to completely dry and cure for several weeks in a warm dry location. Turn pomander periodically and sprinkle with additional spice mixture.
- 7. Once dry, pomanders will keep indefinitely— those pictured above are 5 years old! The scent may be refreshed with application of new spice mixture or essential oils. They may also be simmered in a small amount of water for a festive holiday scent. Discard pomander after simmering.

Jennifer Nelson www.groundedandgrowing.co